

# Summary



Here's a quick summary of the session for you. This Resource Hub video focused on Experiential Learning. Experiential Learning is a fascinating tool when we talk about training, learning or creating learning interventions. We learn about the Kolb's learning cycle that said people learn best from experiences. These include concrete experiences, active experimentation, reflective observation and abstract conceptualization. Kolb's model can start from any stage but becomes effective only if an experience can be processed in the brain. We learn about the three questions that help us realize if our experiential learning is going in the right direction. It is essential to understand what we should start, stop and continue doing to be more successful. We also come to know about the various tools that can be used at different stages of the Kolb's cycle in order to gain the desired outcomes.