## Summary



Here's a quick summary of the session for you. This Resource Hub video focused on a very interesting topic about a tool called Mind Maps. There are five senses through which we experience the world. Mind Mapping is a beautiful tool created by Tony Buzan in the 1980s. Mind Mapping is basically representing information that is aligned to the way our brain understands information. We can easily create mind maps by using images, colours, and certain keywords. Thinking is very relational, and is like a network. We learn about metacognition that lets us recognize something as a whole, rather than as its parts. Mind maps can be put together to various uses since it directly impacts our thinking style. It helps represent ideas for brainstorming. Being a somewhat shallow topic and not being widely accepted are some of the challenges faced by this tool. There is a thorough discussion on creating mind maps at the end of the session that lets us conceptualize and consolidate different elements of different plans.